



Every Wednesday
Doors open 11:30am Lunch 12pm
\$15 per person
Meal Announcement Every Sunday
on our Website & FB Page

LIFE STEPS WORKSHOPS

FREE March to May
Check the Schedule

Includes snacks & refreshments
Please register so we know how many to expect. Open to our members and non-members of any age.

Mon. March 3 Home is Where the Heart is Part 2 Home Safety Checklist 6:30-7:30pm - Presented by Jennifer Gauthier AHS - Discuss modifications that will improve your ability to stay in your home along with other important home safety.

Mon. March 24 Home is Where the Heart is Part 3 Preparing for Emergencies 6:30-7:30pm - Presented by Jennifer Gauthier AHS - Be prepared for emergencies before they happen. What do you need for a 72hr shelter in place grab and go kit.

Next Workshops April 14, April 28 & May 12

Meetings & Other Activities

Sun. March 9 Card Making Class \$20/session. Make 5 cards. Please call Annemarie at 780-623-3640 to register. (max 10 per class) Card Making is one Sunday a month. Starts 1pm.

Wed. March 19 AGM March 1pm Members please attend.

Thurs. March 27 Tech Time 1-3pm Sign-up for 1/2hr time at front desk if you would like a little help with functions on your smart phone or Facebook security. \$5 fee per 1/2hr.

Wed. March 26 RUMMY! Scheduled after Eat to Live 1-3pm

Tues. March 18 & 25 Drop-in Cornhole 6:30-7:30pm

Sat. March 29 Floor Curling Tournament

Upcoming

Sat. April 12 Doubles Crib Tournament Heritage Centre Register on our website, email/call or at the Centre.

Tues. May 13 Good Tunes, Good Apps & Good Times

Popovich Country Comedy Show 6:30pm Tickets on sale April.

Bus Trips

March 25 - Casino & Shopping, Cold Lake

May 25 - Mayfield Dinner Theatre, Edmonton

See additional sheet for all the details.

Also Planning April Trip to Thiel's Greenhouse, Bruderheim

Sign-up
after March 11

Office Hours & Contact Information

March Hours Monday to Thursday 10am to 2pm

Closed March 5 - 11

780-623-8350 heritag2016@hotmail.com

NEW MEMBERS WELCOME!

2025 & 2026 \$10 per year memberships are available.

Scheduled Activities

Monday

Men's Coffee & Pool 8-10am

Movement Mondays 1-2pm

Ladies Coffee Group 2pm

Tuesday

Bingo March 4 & 18 @ 1pm

1st & 3rd Tues each month

Wednesday

Eat to Live 12pm

Thursday

Men's Coffee & Pool 8-10am

Crafts & Quilters 10am-5pm

Friday

Floor Curling 1pm

SENIORS' WEEK

Monday - Saturday June 2-7

Activities all week long!

Watch for more details.

50 ANNIVERSARY

SAVE THE DATE

Friday, Sept 5 Open House

Saturday, Sept 6 Gala Event

HAPPY BIRTHDAY

TO OUR MEMBERS

Annie Nowicki

Darlene Tardif

Fred Sherwood

Henry Van Dorland

Lorraine McDonald

Therese Schaub

